

# LUNCH

2018

OCTOBER



Crossroads Preparatory  
Academy



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<p><b>01</b> BBQ Chicken Sandwich WW Bun  Potato Salad Peas &amp; Carrots Fresh Pineapple Milk-Variety</p>	<p><b>02</b> Spaghetti &amp; Meatballs WW Breadstick Mixed Green Salad Ranch Hot Veggie (Chef Choice) Peaches Milk-Variety</p>	<p><b>03</b> Beef &amp; Bean Burrito Rice and Beans Ranchero Sauce Veggie Pasta Salad Seasoned Corn Watermelon Milk-Variety</p>	<p><b>04</b> Chicken Tenders Spiral Fries Baby Carrtos Ketchup, Ranch Mixed Vegetables Fruit Cocktail Milk-Variety</p>	<p><b>05</b>  NO SCHOOL TODAY</p>
<p><b>08</b> Chicken Fried Chicken Country Gravy Mashed Potato, WW Rolls Baby Carrots Seasoned Corn Whole Apple Milk-Variety</p>	<p><b>09</b> Cheese Burger WW Bun Potato Chips Tomato &amp; Celery Steamed Broccoli Pears Milk-Variety</p>	<p><b>10</b> Chicken tender Waffle Maple Syrup Mixed Green Salad California Blend Vegetable Cantaloupe Milk-Variety</p>	<p><b>11</b> Swedish Meatball Egg Noodle WW Rolls Tomato Cucumber Ranch Hot Veggie (Chef Choice) Honeydew Milk-Variety</p>	<p><b>12</b> Mini Corn Dogs Baked Beans Baby Carrots Ketchup PC Ranch Hot Veggie (Chef Choice) Fruit Cocktail Milk-Variety</p>
<p><b>15</b> Beef Philly Sub Rolls Potato Salad Steamed Broccoli  Fresh Pineapple Milk-Variety</p>	<p><b>16</b> Chicken Patty Sandwich WW Bun Potato Chips Veggie Pasta Salad Crinkle Cut Carrots Peaches Milk-Variety</p>	<p><b>17</b> Beef Nacho Tortilla Chips Pinto Beans Mixed Green Salad Ranch Hot Veggie (Chef Choice) Watermelon Milk-Variety</p>	<p><b>18</b> Popcorn Chicken Garlic Mashed Potato Chicken Gravy Seasoned Corn Baby Carrots Ranch Fruit Cocktail Milk-Variety</p>	<p><b>19</b>  NO SCHOOL TODAY</p>
<p><b>22</b> Chicken Nuggets Mashed Potatoes Chicken Gravy Baby Carrots Ranch Hot Veggie (Chef Choice)  Whole Apple Milk-Variety</p>	<p><b>23</b> Goulash w/ Elbow Pasta Beef Meat Sauce WW Breadstick Tomato Celery Ranch Peas  Pears Milk-Variety</p>	<p><b>24</b> Turkey Steak Potato Au Gratin Turkey Gravy Mixed Green Salad Ranch Hot Veggie (Chef Choice)  Cantaloupe Milk-Variety</p>	<p><b>25</b> SW Chicken Spanish Rice Flour Tortilla Shredded Cheese Tomato Cucumber Seasoned Carrots Honeydew Milk-Variety</p>	<p><b>26</b> Sloppy Joes WW Bun Baked Beans Cauliflower Celery Ranch PC Steamed Broccoli Fruit Cocktail Milk-Variety</p>
<p><b>29</b> BBQ Chicken Sandwich WW Bun  Potato Salad Peas &amp; Carrots Fresh Pineapple Milk-Variety</p>	<p><b>30</b> Spaghetti &amp; Meatballs WW Breadstick Mixed Green Salad Ranch Hot Veggie (Chef Choice) Peaches Milk-Variety</p>	<p><b>31</b> Beef &amp; Bean Burrito Rice and Beans Ranchero Sauce Veggie Pasta Salad Seasoned Corn Watermelon Milk-Variety</p>	<p><b>01</b></p>	<p><b>02</b></p>